

## **# Bad results are not the Immediate Reasons for suicide#**

**Suicide is not an event that takes place immediately due to one reason, it takes a process and series of incidents that exaggerate the mind to end all pains in the form of ending once life.**

**we read in Newspapers that high school child committed suicide because the child didn't score well or similar kind of news like a girl committed suicide because she didn't score well and we get to hear series of more such news for example a girl committed suicide because she loved someone and many more but to understand this, first let us know that results, breakup, low scores etc are not the immediate reasons of suicide it's a tendency that gets exaggerated when a series of incidents are experienced by the child**

**A child gets majorly effected emotionally when a child's sense ignorance from family, friends, feeling of withdrawal and similar negative feelings like violence, abuse, loneliness and mood swings etc.**

**It's important to pay attention to the slight change observed in behavior of a child because this little change that we ignore add to series of incidents that leads to this extreme strong steps.**

**To make children avoid such extreme decisions, we must teach them from childhood not to harm them by explaining that they are very specially made by god and it's their responsibility to care for it forever. We must explain children that their body is god's creation and we have no right to harm it, we need to check the children activities, their peer group and their thoughts on different topics. As understanding the thought processes we can get an idea to which phase of emotions the child is going through.**

**Life is a beautiful journey and helps the child to understand that it's beautiful and he needs to make it more beautiful with his great Thoughts. Help the child overcome all the fears he has in his life in different experiences. As fear, hiding etc. are traits of personality that gets permanently inculcated in a child which in turn enhances the feeling of running from situations, indulging into inappropriate habits that harm their mind and soul so once you eradicate all kinds of fear the child's mind and heart is relaxed and ready with open arms to embrace a great life ahead.**

**A child who was just 10 years old wanted to commit suicide and everyone thought bad results were reason for him to think of such an extreme step but when I interacted with the child results were not the immediate reason for the thought of this extreme step, there were series of experiences which was**

**forcing his mind to leave the world and as he used to interact with the religious leader everyday they used to make him scared by constantly scaring him that when he will grow up and do sins god will punish him so he wanted to leave the world as he thought if he grow up god will punish him as sins will increase . We must connect children to god with love and not fear as for strong bonding with god, love is the only way to reach the almighty.**

**# Let a child lead a life with courage and happiness #**

**# There are no many doors to understand emotions just the eyes and thoughts speak the million words #**