

Bad results are not the Immediate Reasons for suicide#

Suicide is not an event that takes place immediately due to one reason it takes a process and series of incidents string that exaggerate the mind to end all pains in the form of ending once life ,we read in Newspapers that high school child committed suicide because the child didn't score well or similar kind news like a girl committed suicide because she didn't score well and to get into string of more such news like a girl committed suicide because she loved someone etc etc but to understand this let us know that results,breakup,low scores etc are not the immediate reasons of suicide it's a tendency that get exaggerated when a series of incidents are experienced similar to ignorance from family , friends , feeling of withdrawal and similar negative feelings and experiences of violence , abuse ,loneliness and mood swings it's important to pay attention on even a slight change in behaviour of a child because this little change that we ignore add to series of incidents that leads to this extreme strong steps ,to make children avoid such decisions we must teach them from childhood to not harm themselves by explaining them that they are very specially made by god and it's our responsibility to care for it all our lives so our body is our god's creation and we have no right to harm it,we need to check the children activities ,their peer group and their thoughts on different topics. As understanding the thought process we can get an idea to which phase of emotions the child is going through, Life is a beautiful journey and help the child to understand that it's beautiful and he needs to make it more beautiful with his great Thoughts . Help the child overcome all the fears he has in his life in different experiences. As fear , hiding etc are the habits that gets gradually inculcated in a child which inturn enhances fear in mind and once you eradicate all kinds of fear the child's mind and heart is relaxed and ready with open arms to embrace a great life ahead.

Let a child lead a life with courage and happiness

There are no many doors to understand emotions just the eyes and thoughts speak the million words